

## Patient Care Instructions

### Complete or Partial Denture

- Dropping the denture may cause fracturing of the teeth or acrylic base. Therefore, if hovering over a sink, fill the sink with water or place a towel in the basin.
- Brush the denture with a soft bristled denture brush or soft toothbrush to avoid stain and food debris accumulation. *Toothpaste is too abrasive.* We recommend you use a denture cleaner available in stores or a drop of antibacterial hand soap or dishwashing soap and a thorough rinse in warm (not hot) tap water. Or, try a small countertop ultrasonic cleaner.
- To allow gum tissue to rest, remove the denture at night. Additionally, place the denture in water or an overnight denture cleaner.
- Store safely away from pets.

#### **Tips:**

- ⇒ Phonetics may change upon insertion of the complete denture. Practice reading out loud to allow quicker adaptation to the new prosthesis.
- ⇒ Remember to place food on both sides of the mouth and chew on both sides of the mouth in order to permit a more even distribution of stress throughout the masticatory system.
- ⇒ If your denture is not fitting properly, a follow-up appointment must be made with the dentist for further instruction.

