

**PATIENT CARE INSTRUCTIONS**  
***Conus Implant Removable Denture***  
**DAILY MAINTENANCE**

1. **Carefully remove denture—dropping the denture may cause fracturing** of the teeth or acrylic base. If hovering over a sink, fill sink with water or place a towel in the basin.
2. **Brush denture** with a soft bristled denture brush or soft toothbrush to avoid stain and food debris accumulation. *Toothpaste is too abrasive.* We recommend use of a denture cleaner available in stores or a drop of antibacterial hand soap or dishwashing soap and a thorough rinse in warm (not hot) tap water.
3. **Brush implant posts** in the mouth with soft bristled tooth brush and low abrasive toothpaste.
4. **Thick floss around tissue and posts** in the mouth using ‘shoe shine’ side-to-side technique.
  - ◆ If you do not wear your Conus appliance, make sure to wear a Conus-specific mouthguard.
  - ◆ At placement, **avoid ‘biting’ denture into place** as this will create unnecessary wear and possibly damage the prosthesis.
  - ◆ Store safely away from pets.

**Tips:**

- ⇒ Phonetics may change upon insertion of the complete denture. Practice reading out loud to allow quicker adaptation to the new prosthesis.
- ⇒ Remember to place food on both sides of the mouth and chew on both sides of the mouth in order to permit a more even distribution of stress throughout the masticatory system.
- ⇒ *Visit dental office for regular hygiene appointments – every 6 months – that include cleaning and evaluation of implants and overall oral health.*

