

## Patient Care Instructions Clear Advantage Plus Bite Splint

- Brush and floss your teeth, brush your tongue, and rinse your mouth prior to use.
- It is very important to soften the appliance under warm tap water prior to its placement.
- Clean the appliance after use under cold water with a toothbrush, a drop of liquid soap, and a thorough rinse.
- Removal of the appliance is best accomplished by using equal pull on both sides of the mouth. This will minimize the risk of damage to the resilient portion of the appliance.
- Under normal use, the appliance may vary from crystal clear to mildly opaque.
- Store safely away from pets.

