Patient Care Instructions for a Complete Denture

- Dropping the denture may cause fracturing of the teeth or acrylic base. Therefore, if hovering over a sink, fill the sink with water or place a towel in the basin.

- Brush the denture with a soft bristled denture brush or soft toothbrush after every meal to avoid stain and food debris accumulation. Toothpaste is generally too abrasive. We recommend you use a denture cleaner available in stores or a drop of liquid hand soap or dishwashing soap and a thorough rinse.

- To allow gum tissue to rest, remove the denture at night. Additionally, place the denture in water or an overnight denture cleaner.

- Store safely away from pets.

Tips:

⇒ Phonetics may change upon insertion of the complete denture. Practice reading out loud to allow quicker adaptation to the new prosthesis.

⇒ Remember to place food on both sides of the mouth and chew on both sides of the mouth in order to permit a more even distribution of stress throughout the masticatory system.

⇒ If your denture is not fitting properly, a follow-up appointment must be made with the dentist for further instruction.